THE PICKERINGTON SENIOR CENTER



## NEWSLETTER

Monthly Update For Our 50 and Over Members



#### **Inside This Edition**

#### In our October 2025 Newsletter:

- Look into our new activities and functions for October
- Learn about the free breakfast/lunch program through The Senior Hub starting at our Center
- Opportunities to Volunteer for PSC
- Spotlight our Partners & Sponsors
- Check out our Calendar of Events
- See member's Birthdays in October
- Do our Word Search Puzzle
- Info regarding upcoming Board Elections

CLOSED
October 13th / Indigenous Peoples Day

PSC BOARD MEETING October 9th - 9:30 a.m.

#### Information

- 150 Hereford Drive Pickerington OH 43147
- (614) 837-3020
- www.pickeringtonseniorcenter.org
- The Pickerington Senior Center (FB GROUP)

HOURS: M-F 8:30 AM - 4:30 PM

**DIRECTOR:** Craig Marcum

**ACTIVITIES COORDINATOR: Jeff Guiler** 

#### **BOARD OF TRUSTEES**

Bill Cook - President

**Patty Bond** 

Jeanne Carroll

Pat Carroll

Karen Edwards

Faith Hoek

Marilyn Morgan

Jim Schumacher

Vickie Witten

The mission of The Pickerington Senior Center is to promote healthy aging, independence and the well-being of adults aged 50 and above, through health, wellness, educational, cultural, and recreational programs and services.

#### WELCOME NEW MEMBERS

We welcome the want to following new members to our Senior Center: Marge Camden, Kim Cooper, Robert Daroe. Donnelly, Marilynn and Debbie Goldasich, Lawrence Nathan Harvey, Kathy Hawks, Carolyn Heaney, Donna Holt, Charles Hurst, Karen Kessler, Janet and Richard Ladd, Susan Marette, Mary Miller, Brenda and Eric Nickolas, Cheryl Ogg, Ruth Ogg, David Rooker, JoAnn and Jeff Seaman, Susan Snider, Miguel Torregrosa, Norman Vance, and Patti West.

## Support our Platinum Sponsor



#### Big Walnut FOE #3261

(614) 861-9073 1623 Brice Road Reynoldsburg, OH 43068

#### FROM THE DIRECTOR

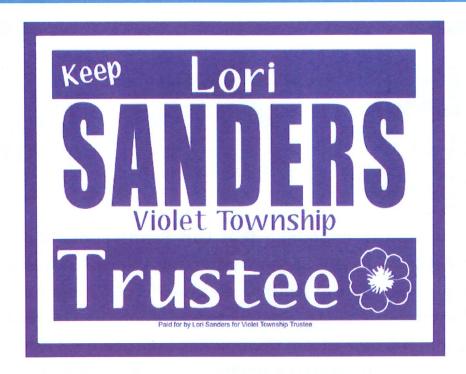
It is hard to believe October is already upon us. We have recently completed many upgrades in our center and plan on installing our new floor this month. Additionally, our Meals on Wheels program will ramp up this month to serve our members each day we are open Monday through Friday. Please take time to enroll in and take advantage of this program.

Speaking of food, Thanksgiving is just around the corner. Let our staff prepare your dinner and pies for you and your family this Thanksgiving. Check out the details of our Thanksgiving and Pie Fundraiser on page 3 of this newsletter.

I would also like to recognize our newest "Friends of the Center," The American Legion located in Pickerington. We appreciate their generosity and encourage all of our members to support our Friends of the Center.

"Resting is Rusting!" Stay active!

- Craig



# NOVEMBER 2025 Thanksgiving Dinner & Pie Fundraiser



Chef Henry Catering will be preparing Thanksgiving meals for anyone interested in pre-ordering a Holiday meal for their family and friends this Thanksgiving. The final menu options will be available in October and will be posted on our website and in our center. Meals will be offered to feed 2, 6, or 10 and priced accordingly. Meals will be pre-ordered and available to pick up the day before Thanksgiving at the center.

Additionally, Jeanne Carroll will spearhead the Holiday Pie Fundraiser during the same time that Chef Henry is offering meals. She will be making 9" pumpkin, pecan, apple, coconut cream, cherry and buttermilk pies and selling them for \$15 a pie. The pie menu will also be available online with pricing or in our Center, beginning October 1st.

The sale of both meals and pies will help with your Thanksgiving needs and raise funds for our Center. Be sure to take advantage of our talented cooks and their masterpieces this Thanksgiving!

The deadline to place your orders is Friday, November 21st.







We are excited to announce that Lori Sanders, our Violet Township trustee assigned to the Senior Center, has informed us that we will be receiving nearly 34K in funding to provide new floors in our center. These funds will be designated for the purchase and installation of new flooring and will come from the building improvement fund from Violet Township. The Pickerington Senior Center will not be required to pay back these funds, or find any additional funding for the project. If you have a chance, please thank Lori Sanders and the other Violet Township Trustees (Darrin Monhollen, Terry Dunlap) for helping our senior center and investing in our future.

Our new flooring will be SHAW Commercial Brand (Philadelphia Flooring – In the Grain 2). The flooring is planned for the main area and the three multipurpose rooms for crafts and cards. Installation of the new flooring is planned for Mid-October. We would like to thank everyone for their input on the choice of floor color.

FOLLOW US ON FACEBOOK PAGE

**FB GROUP NAME** 

THE PICKERINGTON SENIOR CENTER

Photos/Updates/Calendar & more

Current Followers: 169 GOAL: 500



#### **OCTOBER MONTHLY MENU**



#### OCTOBER MEAL MENU



#### Monday

OCT 13/20/27

BREAKFAST:
6oz Breakfast Sandwich
w Eggs/Cheese/Bacon
1/2 Cup Potatoes
2oz Fruit Jam
1/2 cup V-8

#### OR

LUNCH:

3oz Salisbury Steak w/
Gravy

1/2 Cup Mashed Potatoes
1/2 Cup Green Beans
1 cup Salad w dressing
1 oz Dinner Roll
1/2 Cup Fruit

#### Tuesday

OCT 7/14/21/28

BREAKFAST: 3oz Scramble Eggs 2-1oz Sausage Links 2 Slices Toast 1/2 Cup Potatoes 1/2 Cup Fruit 1/2 Cup V-8

#### OR

LUNCH:
3oz Blackened Chicken
1/2 Cup pasta w sauce
1/2 Cup Seasoned Veg
1 cup Salad w dressing
1 oz Dinner Roll
1/2 Cup Fruit

#### Wednesday

OCT 1/8/15/22/29

BREAKFAST: 1 Cup Oatmeal 3 oz Cheese Eggs 2 Slices Bacon 1/2 Cup Fruit 1/2 cup V-8

#### OR

LUNCH:
3 oz Parm Tilapia
1/2 Cup Rice
1/2 cup cucumber salad
1/2 cup sliced carrots
1 oz dinner roll
1/2 cup fruit

#### Thursday

OCT 16/23/30

BREAKFAST: 8 oz. Pancakes 3 oz Eggs Your Way 2 Slices Bacon 1/2 Cup Fruit 1/2 cup V-8

#### OR

LUNCH:

4oz Chicken Fried Rice
2oz Eggroll

1/2 Cup Braised Cabbage
1 cup Salad w dressing
1 oz Dinner Roll
1/2 Cup Fruit

#### Friday

OCT 17/24/31

BREAKFAST:
6oz Breakfast Burrito
w Eggs/Sausage/Cheese
3 oz Salsa
1/2 Cup Potatoes
1/2 Cup Fruit
1/2 cup V-8

#### OR

LUNCH:
4oz Meatballs
6oz Spaghetti Pasta
1 cup Salad w dressing
1 oz Dinner Roll
1/2 Cup Fruit

Meals are available to Pickerington Senior Center Members from 8:30 AM until 12:30 PM. Breakfast will be from 8:30 AM - 10:30 AM. Lunch will be from 10:30 AM - 12:30 PM. Members MUST REGISTER WITH MOW in order to participate in the meal program. Please pick up a form from Jeff or Craig to participate.

All meals will be served with 8 OZ of Milk.



## THINGS TO KNOW ABOUT MOW PROGRAM

- 1 You must be a paid member of the PSC
- 2 You must be registered in the program
- You must sign in for lunch or breakfast on the kiosk

#### MONDAYS AT THE CENTER

#### STRENGTH & EXERCISE / 10-11 am

Location: Main Room / Instructor: Kelley D.

Grab a seat and enjoy this class that focuses on building and maintaining upper and lower body strength. The exercises will improve balance and flexibility through stretching and breathing. Please bring weights and an exercise band with you. If you need an exercise band, they are available to purchase at class for \$3.

#### LINE DANCING / 11:15 am-noon

Location: Main Room / Instructor: Marilyn M. Come have fun with us at line dancing, learn the dances, get some exercise and enjoy yourself with friends and great music. Classes are ongoing and only \$1 a week. For additional information, you can contact our certified instructor:

Marilyn Morgan at: mm1126@gmail.com

#### WALKING CLUB / 12:15-1:45 pm

Location: Park & Main Room
Trainers: Africa Thomas & Shawn Jones

NO CLASS THIS MONTH - Our Center is

closed to observe Indigenous Peoples Day.

Join us for our next class on November 10th.

We meet on the 2nd Monday of each month
for a walk, healthy snack and an engaging
program.

#### BID EUCHRE / 12:30 pm

Location: Center Backroom

Come in and play this trick-taking card game that introduces a bidding phase to determine the trump suit.

#### A MATTER OF BALANCE / 12:30-2:30 pm

Location: Main Room

The class consists of a range of motion exercises to increase strength and balance. Exercises are low impact. Participants can use a chair to help with balance. Exercises are 30 minutes of the two-hour program. If interested, sign up with Jeff. This is an 8-session program. The classes will be held on the following dates: Remaining Class dates: October 6th, 20th & 27th; and November 3rd & 17th.

#### PAINTS & BRUSHES / 1-3 pm

Location: Media Room

Join our Watercolor Class. No prior training or talent necessary, just the desire to express yourself. Our office has a list of supplies you'll need for the class.

#### COUNTRY DANCING / 3-4:30 pm

Location: Main Room

Kick up your heels and get ready for some country-style fun! A country dancing activity is the perfect way to learn lively steps, meet great people, and enjoy toe-tapping music. This activity offers energy, excitement, and a whole lot of rhythm. Ready to step onto the dance floor? Let's get moving!



#### TUESDAYS AT THE CENTER

#### CHAIR YOGA / 7:30-8:30 am

Location: Main Room

Chair yoga class will now be held twice a week, on Tuesday and Friday mornings. This is a gentle and accessible way to experience the benefits of yoga, including improved flexibility, strength, balance and stress reduction.

#### CORNHOLE / 10 am

Location: Main Room

Enjoy competition? Join us for our weekly cornhole games every Tuesday (with the exception of our monthly luncheon date). This month's tournament will be held on Tuesday. October 28th. August tourney was won by Bill Dunnette and Art Jones. If you have any questions, call Doug at (201) 739-7241.

#### MEXICAN TRAIN DOMINOES / 11 am-1 pm

Location: Center Backroom

All aboard the fun express! Mexican Train Dominoes is the perfect mix of strategy, competition, and laughter, making it a must-play game for friends. Build your own train or add to the communal "Mexican Train" as you race to play all your tiles first.

#### TEXAS HOLD 'EM / 12:30 pm Tuesday / October 7th & 28th

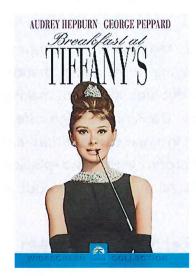
Location: Media Room
Want to be part of the PSC Poker Club? Interested in learning how to play the game we see all over TV the right way? Tournament games will be played the first and fourth Tuesdays of each month. The entry fee is \$10. Please see Craig or Mark to learn more about our Texas Hold 'Em games.

#### SENIOR JEOPARDY / 1-2:30 pm October 7th

Location: Main Room
Senior Jeopardy will be played on the first
Tuesday of each month.. We'll break down into
teams. Have fun with your friends and learn at
the same time. Categories will be areas of
interest to seniors, prizes for the winners.

#### MOVIE MATINEE / 1 pm / October 14th

Location: Media Room



BREAKFAST AT TIFFANY'S

TIME: 1 PM
Popcorn, snacks
& bottled water
provided.

Cost: Free
Any questions,
contact
Faith or Doug at
(201) 739-7241

A free spirited New York socialite falls in love with a struggling writer living in her apartment building. Audrey Hepburn, George Peppard, Patricia Neal and Buddy Epson.

## BINGO / 1 pm Tuesday: October 28th

Location: Main Room

Bingo brings people together for fast-paced, easy-to-learn fun. We play bingo on the <u>fourth Tuesday of every month.</u> Mark your numbers, feel the anticipation build, and shout "Bingo!" when you win. It's a game of luck, laughter, and unforgettable excitement. Will October 28th be your lucky day? Play and find out! Cost is \$1.50.

#### Sue Yenichek REALTOR®

Office: 614-273-6462 Cell: 614-565-6806 Fax: 614-328-7938

SueYenichek@howardhanna.com

1450 Tussing Road Pickerington, OH 43147 sueyenichek@howardhanna.com



#### WEDNESDAYS AT THE CENTER

#### **DUPLICATE BRIDGE / 9:30 am**

Location: Center Back Room

Duplicate Bridge - the ultimate test of strategy, skill and teamwork! Compete against others playing the same hands. Success isn't just about luck, it's about making the smartest moves. Duplicate Bridge offers endless excitement, intense competition and the chance to sharpen your card-playing prowess. Cost is \$1. All money is paid out in prizes.

#### STRENGTH & EXERCISE / 10-11 am

Location: Main Room / Instructor: Kelley D.

Grab a seat and enjoy this class that focuses on building and maintaining upper and lower body strength. The exercises will improve balance and flexibility through stretching and breathing. Please bring weights and an exercise band with you. If you need an exercise band, they are available to purchase at class for \$3.

#### CRAFTS / 10:00 am-noon

Location: Craft Room

A wide variety of crafts are made by our crafters. Many of our crafts are for sale off the shelves in our entryway and also next to the craft room door. Join us for a group project or bring your own project to work on while socializing. New ideas are welcome. The money we raise goes back to our Senior Center.

OCTOBER
CRAFT
PROJECT OF
THE MONTH

**Crocheted Pumpkins** 



#### **EUCHRE / 12:30 pm**

Location: Main Room

DON'T GO IT ALONE . . . Join your friends and play Euchre. Actually, GO IT ALONE and join friends in our weekly member tournament. Cost is \$2.25 which includes games and loner pot. Potluck snacks and goodies are also on tap. Please arrive at least 10 minutes early to get signed in, so we can start on time at 12:30.

#### **CREATIVE WRITING & DISCUSSION / 1 pm**

Location: Media Room

Interested in joining a group of innovative, imaginative, inventive and clever friends? If so, the Creative Writing & Discussion Group meets weekly to share original essays, stories, poetry and ideas. We meet every Wednesday at 1 pm. We gather in the library and will hold our meeting there or in the craft room. You are invited to join in the creativity.

#### **DIAMOND DOTS / October 15th / 1 pm**

Location: Craft Room

Bring your Diamond Dots project to work on with other members. Darlene will be here and will have kits with her which will contain everything you need to make a beautiful project.

## BALLROOM DANCING / 7:30-8:30 pm Every Wednesday Evening

Location: Main Room

Time2Dance will be giving ballroom dance lessons at our Center Wednesday evenings No partner needed. Cost: \$10 per lesson per week.



#### THURSDAYS AT THE CENTER

#### **HEAL2TOE FOOT CARE SERVICES**

Thursday / October 16th / 9 am - 1 pm Thursday / October 23rd / 9 am - 1 pm

Schedule an appointment with Ohio RN Tonia (614) 686–3646

30 Minute Treatment for \$35 includes:

- · Expertly trim, thin and file nails
- File and buff corns and callouses
- · All tools are sterilized for each patient

#### TITLE BOXING / 9:15-10 am

Location: Main Room / Instructor: Maria M.

Maria Manzo from Title Boxing will lead the class at our Center. Sessions are around the Rock Steady Boxing Curriculum, which increases the neuroplasticity of the brain to help produce healthy brain cells. The exercises are designed to improve quality of life, have fun and get results.

#### BOOK CLUB / 9:30 am / October 23rd

Location: Media Room

Our Book Club meets on the fourth Thursday of each month. At our October meeting, we will discuss Sunbird by Wilbur Smith. The book selection for November is Thanksgiving Night by Richard Bausch. New members are always welcome. Call Faith at (201) 739–7241 if you have any questions.

#### CHAIR VOLLEYBALL / 11 am-2 pm

Location: Main Room

Take a seat and get ready for non-stop fun with chair volleyball! This exciting, inclusive game lets players enjoy fast-paced action while seated, making it perfect for all ages and abilities. With teamwork, laughter and thrilling volleys, chair volleyball keeps you engaged and moving. Ready to serve up some fun? If you have any questions, contact Darie Wilson at (740) 358-6394.

#### BRIDGE / 12:30 pm

Location: Center Back Room

A game of logic and communication, Bridge challenges you to outthink your opponents while working seamlessly with your partner. Ready to test your strategy and make brilliant plays? The cards are in your hands—let's play!

#### TAI CHI / 2-3:30 pm October 2, 16, 23 & 30

Location: Main Room

From 2-3 pm, this class will continue with Tai Chi for arthritis and fall prevention, add additional Tai Chi and Qi Gong sequences for balance, strength & flexibility and venture into Tai Chi Part 2. From 3-3:30, instruction from the beginning of Part I will be given for new participants and anyone who would like to review any current or past motions. Mike Grigsby of Fearless Falling will present an information session & demonstrations at our October 2nd class.



#### FRIDAYS AT THE CENTER

#### CHAIR YOGA / 7:30-8:30 am

Location: Main Room

THIS CLASS IS NOW OFFERED ON BOTH TUESDAY and FRIDAY MORNINGS. Join us for this new class. Chair yoga offers a gentle and accessible way to experience the benefits of yoga, including improved flexibility, strength, balance and stress reduction.

#### CARDIO FITNESS / 9:15-10 am

Location: Main Room

This is a 45-minute cardio class every Friday. It is a total workout. See the power you have and make great things happen for your health and well-being. We have plenty of room for you to move and groove to great music with our instructor Maria Manzo.

#### <u>HAND & FOOT CARDS / 10 am</u> \_October 3rd & 17th / 10-11:30 am

Location: Media Room

Get ready for a thrilling card game full of strategy, teamwork, and the right amount of luck—Hand and Foot! In this variation of Canasta, players work to build their "hand" and "foot" piles, racing to play all their cards before their opponents. We will play 1st and 3rd Friday of each month

## 

#### PICKLEBALL / 10:30 am

Location: Main Room OR Outside Join us for the game everyone is playing. If you have paddles, bring them with you. If you don't, and have never played, come on in and our instructor Fred will be happy to teach you with our PSC Center provided paddles. We play outside weather permitting.

#### SOCIAL EUCHRE / 11 am

Location: Center Back Room Join us for this relaxed paced euchre game. This is a great way to unwind, learn or teach euchre and make new friends on Fridays. Gift cards are usually given away as prizes. Come have some fun, don't be a Loner.

## FRIDAY FORUM: FUN & FACTS October 10th / 1:30-3:00 pm

Location: Main Room

Noah Martin, Technology Trainer from the Pickerington Public Library will help you discover what's hidden in your smart phone. The computer (smart phone) in your pocket can buy groceries, monitor your health, snap a picture – even find your car in a crowded parking lot.

# X

#### BALLROOM DANCE / 2-3 pm

October 3rd & 17th

Location: Main Room

Fred Astaire Dance Studio will be offering free group dance lessons (you don't need to bring a partner), and will give dance demonstrations on the 1st & 3rd Fridays of each month.

#### <u>SELF-DEFENSE PART II</u> Friday / October 24, 2025 / 12:45-2:45

Location: Main Room

This class will be presented by the Fairfield County Sheriff's Office and is only open to those who attended the first class in April of 2025. It will continue with safety tips and hands-on self defense instruction led by a certified Gracie instructor. The program is tailored for seniors.

#### SPECIAL EVENTS IN OCTOBER

## MEDICARE ADVANTAGE SEMINAR Friday / October 3rd / 12:30

This seminar will be conducted by Michael McClelland, a licensed independent agent/broker with SSIP Insurance Partners. He will be presenting Medigold 2026 Benefit Information and rates. If interested in attending this seminar, sign-up sheet is by front office.

## PANCAKE BREAKFAST Saturday / October 11th

TIME: 8:00-11:00 AM

MENU: Pancakes, Sausages,

French Toast, Fruit Cup

Biscuits & Gravy

Orange Juice, Milk, Coffee or Hot Tea

COST; \$7 Adults

\$2 Children 5-10 - Under 5 eat free

All you can eat while supplies last!

## ANNUAL SOUP DINNER & BINGO Thursday / October 16th

Your choice of either bean or vegetable soup. Let us know which you would like when you purchase your ticket. You'll turn in your ticket when you get your soup. The cost is \$9 for soup, coffee or iced tea, and bingo. If you're only playing bingo, the cost is \$5. Soup will be served from 5–6 pm. Bingo starts at 6:30 pm. We will have two groups working, one for dinner and the other for bingo. If you're willing to help, please call Jeanne Carroll at (614) 348–4988. We ask for volunteers to bring desserts. Sign up sheets to supply desserts is on the table outside the front office

## OCTOBER LUNCHEON and ANNUAL HALLOWEEN PARTY

#### **Tuesday / October 21st**

TIME: 11:30 am - 2:30 pm
SURPRISE MEAL & DESSERT
COST; Free
(Costumes optional)
Entertainment
50/50 tickets on sale
{Sign up on the KIOSK in advance}

## **EUCHRE TOURNAMENT**Saturday / October 25th

Lunch at noon. Euchre at 1:00
Patty Bond will be hosting the Euchre
Tournament at our Center. **The cost is \$5 to be paid in advance**,. Tickets are
now available from Jeff in our front office.
You don't need to be a member to
participate. We're accepting donations
toward food.

## APPOINTMENTS with SUSAN SAUNDERS Tuesday / October 28th

9 am - 3 pm

Susan Saunders from the Ohio Department of Insurance will have 1-on-1 meetings re Medicare. Schedule in advance in our office.

## "VOLLEY INTO FALL" VB TOURNAMENT Wednesday / October 29th / 11 am

This will be the 2nd Annual VB Tournament hosted by Pickerington Senior Center. It will be held at Eastside Athletics Club, 11435 Lithopolis Road, Lithopolis. Senior Center teams from surrounding areas will be participating. The facility opens at 9 am. For more information, contact Darie Wilson at (740) 358-6394.

#### **OCTOBER BIRTHDAYS**

- 1 Carol Christy, Robert Cubra
- 2 Sharon Clark, Martie Dillon, Susan Mason
- 3 Debbie Joseph, Angelo Manzo
- 4 Peggy Arvay, Jeannie Paul, Marilyn Spence, Sue Ann Walton
- 5 Susi Mueller
- 6 Dale Basemann, Wallie Carpenter, Faith Hoek, Gertrude Stacoffe
- 7 Lil Checca, Sandy Mohr
- 8 Joe Dickerson, Ervin Harden, Karen Kessler, Jim Lobmiller, Crystal Peck
- 9 Joann Westlake
- 10 Frank Arvay, Marilyn Canfield, Susan Gause, Darla Murdock
- 11 Patty Barber, John larussi
- 12 Brenda Duncan, Linda Frazee, Kay Skibo
- 13 Lary York
- 14 David Rooker
- 15 Donna Short
- 16 Marianne Elizondo, Judy Ann Evans, Charles Grinstead, Cyndi Snyder
- 17 Lauretta Bain, Keith Ebright, Ken Eillinger, Carol Francis
- 18 NONE
- 19 Mark Bonnes, Jeanne Carroll, Duane Dailey, Jim Joseph, Jeri Lane
- 20 NONE
- 21 Mike Lah, Sharon McDougal, Nancy Medley
- 22 Rita Clutter, Sue Graham, Richard Nader, John Nash, Terry O'Deens, Andrea Watros
- 23 Carolyn Fenlon, Mary Fenneken, Pauline Limbach, Patty Moone, Grace O'Connell
- 24 Debra Sherman, Yvonne Weller
- 25 Ellen Amland, Joseph Douglas, Dee Machinski, Eric Nickolas, Dixie Lee Takos, Cindy Vesco
- 26 Martha Gravatt, Harry Humphries
- 27 Barb Smithberger, Gary Van Almsick
- 28 Martin Fightmaster, Jerry Foltz, Susan Pocta, Ellen Vonada
- 29 Mary Miller, Pat Roper
- 30 Lynn Wilcox
- 31 Richard Erwin, Chris Foley, John Samborsky

#### IN LOVING MEMORY OF

Allen Tuttle's wife Linda

#### MEMBERS KNOWN ILL

Rita Clutter - Violet Springs Rehab
Peggy George - Home recovering from back surgery
Goldie Kincaid - Heart Stent
Flor LaFever - Knee Replacement
Roger Peacock - Home recovering from surgery
Jane Tudor - Lymphoma



It's that time of the year again – football season! Wear your Ohio State gear on Fridays to support our Ohio State Buckeyes! GAME WATCHING PARTIES at the PSC to be announced soon!



# OCTOBER OSU FOOTBALL Word Search Puzzle

U S S G Z 0 0 E D B E R G H K N 0 U K C D C E K S B 0 S H S 0 S E

BOSA	GRIFFIN	SNAP
BRUTUS	HIKE	SPIKE
BUCKEYE	OSU	TATUM
DAY	PACE	THE SHOE
END	SACK	TOUCHDOWN
FIELD GOAL	SAWYER	URBAN
FOOTBALL	SAYIN	WARFIELD
GEORGE	SCORE	WOODY



## **PSC TRAVEL**





#### **UPCOMING TRAVEL EVENTS**

#### TEXAS TREASURES / October 2nd-7th

See Fort Worth Stockyards & cattle drive, Magnolia Market at the Silos, historical Waco tour, the Alamo and other missions, San Antonio River Walk Boat Cruise and authentic Texas barbecue dinner.

Includes: Non-stop airfare from Columbus to Dallas, 5 nights hotel, luxury motor coach, 5 breakfasts, 2 dinners & 1 lunch, all admissions, tour director and local guides. Limited spaces available, must be paid in full at sign up.

### LA COMEDIA / October 17th

"Legally Blonde"

Sign sheet at the front desk if any

upcoming trips are of interest to you

#### <u>LANCASTER, PA</u> November 9th-12th

Visit Flight 93 National Memorial, National Train Museum, Story of Noah at Sight & Sound Theatre, Amish smorgasbord dinner, and more. \$200 deposit due āt sign up. **Trip sold out.** Waiting list only.

Cost per person: Single: ...... \$1,050

Watch this spot for information regarding our December trip to view Christmas lights

#### TRIPS IN PLANNING STAGES

May 2026 - Rescheduling of Cleveland, Medina, Canton trip

June 2026 – Trip to Badlands, Crazy Horse, Mt. Rushmore

Sept. 2026 – Trip on Princess Cruise Ship from New York to Halifax, Nova Scotia Starting at \$2200

Nov. 2026 - Christmas at the Biltmore, Asheville, Tennessee

WE NOW ACCEPT
DEBIT AND CREDIT CARDS
FOR TRAVEL

AND OTHER PAYMENTS

(Add additional 2.62% if card swiped in person; 3.2% if paid over phone)

#### **BOARD OF TRUSTEES ELECTION**

If you are a member of our Center and interested in running for our Board, please obtain an application from Jeff in our front office.

The application must be completed and turned in to only Jeff or Craig by the deadline: Wednesday / October 15, 2025.

There will be no exceptions to this deadline or to who the form is given..

The election will be held at our December monthly luncheon on December 16, 2025.

#### **UPCOMING EVENTS**

November 1st / Saturday
OSU v Penn State Party at our Center

November 7th / Friday / 12:30-1:45 pm Medicare Advantage Seminar

November 14th Friday Forum - Decorating Christmas Cookies

> November 18th November monthly luncheon

December 6th Annual Breakfast with Santa



## OCTOBER 2025 CALENDAR

October-25	PICKERINGTON SENIOR CENTER								(614) 837-3020	
SUNDAY	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
				1		2		3		
				DUP BRIDGE		BOXING		CHAIR YOGA	7:30	RENTAL 11-3
				STRENGTH		VOLLEYBALL		CARDIO FITNESS	9:15	ļ
				CRAFTS	10:00	BRIDGE		HAND & FOOT	10:00	
				EUCHRE	12:30	TAI CHI	2-3:00	PICKLEBALL	10:30	
				WRITING CLASS	1:00			SOCIAL EUCHRE	11	
				BALLROOM DANG	CE 7:30PM	1		MEDICARE ADV S		
								BALLROOM DANC		
	6		7		8		9		10	
	STRENGTH 10:00	CHAIR YOGA		DUP BRIDGE		BOXING	9:15	CHAIR YOGA	7:30	PANCAKE BREAKFAS
	LINE DANCING 11:15	CORNHOLE		STRENGTH				CARDIO FITNESS	9:15	(8-11:00)
	BALANCE CLASS 12:30	MEX TRAIN DOMINO		CRAFTS	10:00	VOLLEYBALL	11:00	PICKLEBALL	10:30	RENTAL 12-3
	BID EUCHRE 12:30	TEXAS HOLD EM 1	12:30	EUCHRE	12:30	BRIDGE	12:30	SOCIAL EUCHRE	11	
	PTS & BRUSHES 1:00	JEOPARDY 1-2:30		WRITING CLASS	1:00			FRIDAY FORUM 1	1:30-3	
	COUNTRY DANCE 3-4:30			BALLROOM DANG	CE 7:30PM	1				
	CiTY of PiCK. 6:00-7:00									
	FRIENDLY TIES 7-9:30							FRIENDLY TIES	7:30-10	
12 1			14		15		16		17	
	INDIGENOUS PEOPLES	CHAIR YOGA	7:30	DUP BRIDGE	9:30	FOOT CARE	9-1:00	CHAIR YOGA	7:30	
	DAY	CORNHOLE	10:00	STRENGTH	10:00	BOXING	9:15	CARDIO FITNESS	9:15	RENTAL 6-10
	Center Closed	MEX TRAIN DOMINO	ES 11	CRAFTS	10:00	VOLLEYBALL	11:00	HAND & FOOT	10:00	İ
	l	MOVIE 1:00		EUCHRE	12:30	BRIDGE	12:30	PICKLEBALL	10:30	İ
				WRITING CLASS	1:00	TAI CHI	2-3:00	SOCIAL EUCHRE	11:00	i
				DIAMOND DOTS	1:00	ANNUAL SOUP DI		BALLROOM DANC		
						BINGO 5-6 EAT 6:3	30 BINGO	j	İ	
		FRIENDLY TIES	7-9							
19	20		21		22		23		24	
	STRENGTH 10:00	CHAIR YOGA		DUP BRIDGE	9:30	FOOT CARE		CHAIR YOGA	7:30	EUCHRE TOURNAM
	LINE DANCING 11:15	MONTHLY LUNCH		STRENGTH		BOXING		CARDIO FITNESS	9:15	12:00
	BALANCE CLASS 12:30	HALLOWEEN PA		CRAFTS		BOOK CLUB		PICKLEBALL	10:30	1
	BID EUCHRE 12:30	11:30 - 2:30		EUCHRE	12:30	VOLLEYBALL			11:00	
	PTS & BRUSHES 1:00	11,50 2,50		WRITING CLASS	1:00	BRIDGE	12:30	SHERIIFF SELF DE		
	COUNTRY DANCE 3-4:30	i e		BALLROOM DANG			2-3:00	I	1 12.40	
	CITY of PiCK. 6:00-7:00			I DA REEL TO ONT DA WYO	JE 1.501 14	1	2 3.00	i –		
	FRIENDLY TIES 7-9:30					i				
			28		29		30	<del> </del>	31	
26	1 27						9:15			
26				DUD BRINGE	0-30					
26	STRENGTH 10:00	CHAIR YOGA	7:30	DUP BRIDGE	9:30	BOXING		<del> </del>		
26	STRENGTH 10:00 LINE DANCING 11:15	CHAIR YOGA MEDICARE APPTS	7:30 9-3:00	STRENGTH	10:00	VOLLEYBALL	11:00			
26	STRENGTH 10:00 LINE DANCING 11:15 BALANCE CLASS 12:30	CHAIR YOGA MEDICARE APPTS CORNHOLE TOURN	7:30 9-3:00 J. 10	STRENGTH CRAFTS	10:00 10:00	VOLLEYBALL BRIDGE	11:00 12:30			
26	STRENGTH         10:00           LINE DANCING         11:15           BALANCE CLASS         12:30           BID EUCHRE         12:30	CHAIR YOGA MEDICARE APPTS CORNHOLE TOURN MEX TRAIN DOMINO	7:30 9-3:00 I. 10 DES 11	STRENGTH CRAFTS VOLLEYBALL TOL	10:00 10:00 JRN 11	VOLLEYBALL	11:00			
26	STRENGTH         10:00           LINE DANCING         11:15           BALANCE CLASS         12:30           BID EUCHRE         12:30           PTS & BRUSHES         1:00	CHAIR YOGA MEDICARE APPTS CORNHOLE TOURN MEX TRAIN DOMINO ITEXAS HOLD 'EM 1	7:30 9-3:00 I. 10 DES 11 12:30	STRENGTH CRAFTS VOLLEYBALL TOL (EASTSIDE-LITH	10:00 10:00 JRN 11 OPOLIS)	VOLLEYBALL BRIDGE	11:00 12:30			
26	STRENGTH         10:00           LINE DANCING         11:15           BALANCE CLASS         12:30           BID EUCHRE         12:30	CHAIR YOGA MEDICARE APPTS CORNHOLE TOURN MEX TRAIN DOMINO	7:30 9-3:00 J. 10 DES 11 12:30 1:00	STRENGTH CRAFTS VOLLEYBALL TOL	10:00 10:00 JRN 11	VOLLEYBALL BRIDGE	11:00 12:30			